

Saint Lucas Lutheran School



September
2017

MCFI
K-8 Hot Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MILK FOR SCHOOL: LOW FAT WHITE SKIM CHOCOLATE</p> <p>MENU SUBJECT TO CHANGE</p>				<p>1</p> <p>NO HOT LUNCH</p>
<p>4</p> <p>NO SCHOOL - LABOR DAY</p> <p>MCFI CLOSED</p>	<p>5</p> <p>Teriyaki Chicken Whole Grain Brown Rice Assorted Graham Cracker Baby Carrots with Ranch Seasonal Lunch Fruit Choice of Milk</p>	<p>6</p> <p>Chef's Salad with Turkey Ham, Mozzarella Cheese and Ranch Dressing Whole Grain Breadstick Cheez-It Crackers Seasonal Lunch Fruit Choice of Milk</p>	<p>7</p> <p>Breaded Chicken Patty Sandwich on a Whole Grain Bun with Mayo Steamed Green Beans Seasonal Lunch Fruit Choice of Milk</p>	<p>8</p> <p>Cheeseburger on a Whole Grain Bun with Ketchup Baked Beans Seasonal Lunch Fruit Choice of Milk</p>
<p>11</p> <p>Chicken Fajita on Whole Grain Tortillas Taco Sauce Refried Beans Seasonal Lunch Fruit Choice of Milk</p>	<p>12</p> <p>Homemade Cheese Lasagna Whole Grain Breadstick Romaine Salad with French Seasonal Lunch Fruit Choice of Milk</p>	<p>13</p> <p>Chicken Breast Fillet with BBQ Pretzel Goldfish Crackers Roasted Cinnamon Sweet Potatoes Seasonal Lunch Fruit Choice of Milk</p>	<p>14</p> <p>Whole Grain Corn Dog with Ketchup Steamed Corn Seasonal Lunch Fruit Choice of Milk</p>	<p>15</p> <p>Build Your Own Sub! Turkey Breast, Shredded Lettuce, Cheese on a Whole Grain Roll with Mayo Baby Carrots with Ranch Seasonal Lunch Fruit Choice of Milk Whole Grain Cookie</p>
<p>18</p> <p>Sweet and Sour Chicken Whole Grain Brown Rice Assorted Graham Cracker Baby Carrots with Ranch Seasonal Lunch Fruit Choice of Milk</p>	<p>19</p> <p>Loaded Mashed Potato Bowl with Turkey Ham, Shredded Cheese and Broccoli Whole Grain Biscuit Seasonal Lunch Fruit Choice of Milk</p>	<p>20</p> <p>Cheese Ravioli with Mozzarella Cheese Whole Grain Roll with Margarine Romaine Salad with Ranch Seasonal Lunch Fruit Choice of Milk</p>	<p>21</p> <p>Whole Grain Chicken Nuggets with BBQ Sauce and Assorted Graham Cracker Baby Carrots with Ranch Seasonal Lunch Fruit Choice of Milk</p>	<p>22</p> <p>Sloppy Joe on a Whole Grain Bun Baked Beans Seasonal Lunch Fruit Choice of Milk</p>
<p>25</p> <p>Beef and Cheese Burrito Taco Sauce Fiesta Beans Seasonal Lunch Fruit Choice of Milk</p>	<p>26</p> <p>BBQ Baked Chicken Whole Grain Cornbread Pretzel Goldfish Crackers Steamed Corn Seasonal Lunch Fruit Choice of Milk</p>	<p>27</p> <p>Meatball Sub with Mozzarella Cheese on a Whole Grain Bun Steamed Carrots Seasonal Lunch Fruit Choice of Milk</p>	<p>28</p> <p>Classic Cheese Pizza Sticks with Marinara Dipping Sauce Romaine Salad with French Dressing Seasonal Lunch Fruit Choice of Milk</p>	<p>29</p> <p>NO SCHOOL</p>

Return to the school office by this Friday, August 25th.

PLEASE fill out a separate meal calendar for each child in your family

September Student Meal Calendar

Student Name _____ Grade _____

Place an "X" in the box of the dates your child will eat hot lunch.

Full price lunch is \$3.25 Reduce price lunch is \$0.40 for those who qualify

Please include payment with your hot lunch calendar.

Saint Lucas Lutheran School participates in the National School Lunch Program offering free and reduced price lunch to those families who qualify.

Monday	Tuesday	Wednesday	Thursday	Friday
Sept. 4 NO SCHOOL	Sept. 5	Sept. 6	Sept. 7 Grades 6-8 Class trip	Sept. 8 Grades 6-8 Class trip
Sept. 11	Sept. 12	Sept. 13	Sept. 14	Sept. 15
Sept. 18	Sept. 19	Sept. 20	Sept. 21	Sept. 22
Sept. 25	Sept. 26	Sept. 27	Sept. 28	Sept. 29 NO SCHOOL

Please keep careful track of your child's lunch plan, pay for the lunches in advance, and don't get behind. However, notice shall be given to parents by the office regarding a child's lunch account status if somehow the child is behind. Students are given three meals past due to remit payment for hot lunches. Food service would provide a regular meal during this time. On the fourth day past expiration, food service will provide only a sandwich and milk to the student. On day five and beyond, food service is not required to serve the student.

This institution is an equal opportunity provider.